



BEFORE THE STORM

Have emergency essentials always.

Food & Water

- one gallon of water per person, per day
- canned food
- high-energy food: peanut butter and jelly, crackers, trail mix, granola bars
- special dietary needs for the elderly and infants
- pet food

First Aid

- sterile adhesive bandages, in assorted sizes
- scissors
- tweezers
- anti-bacterial hand gel
- latex gloves

Medication

- aspirin and non-aspirin pain reliever
- antidiarrhea medication
- antacid
- prescription medication

Tools & Supplies

- indoor/outdoor lamp
- battery-operated radio & clock
- flashlights and batteries
- plastic garbage bags
- emergency candles
- paper cups, plates and plastic utensils
- manual can opener
- utility knife
- small fire extinguisher
- pliers and duct tape
- matches in waterproof container or disposable lighters
- plastic storage containers
- flare gun
- wrench (to shut off household gas & water)
- plastic dropcloths
- local area map

Sanitary & Cleaning Supplies

- toilet paper or towelettes
- feminine supplies
- personal hygiene items: toothbrush, floss, deodorant
- disinfectant
- plastic bucket with lid

Clothing & Bedding

- sturdy shoes or work boots
- rain gear
- blankets/sleeping bags/pillows
- dry change of clothes (pack in plastic)

Important Documents

- ID cards (driver licenses, passports, social security cards)
- bank account numbers and ATM cards
- credit cards and company information
- contracts, deeds, titles for automobiles and properties
- insurance policies
- family records, marriage certificates and wills
- household inventory & documentation (photo CD, receipts)

***Don't
wait until
it's too late!
Prepare now.***

